ipana® 5% SODIUM FLUORIDE VARNISH

After Treatment Directions for Patients

To receive the maximum benefits of today's treatment, the varnish needs to remain on the tooth surface for the next 4 to 6 hours. During this time, we recommend the following:

- **Do not brush or floss your teeth**
- **Eat a soft food diet**
- **Avoid hot beverages and products containing alcohol**

When dry, any excess varnish may appear "spotty" and may slide off the tooth surface.
Do not worry, this will not affect product performance as there is still a full layer of varnish on the tooth.
After treatment period is over, ipana 5% Sodium Fluoride Varnish may easily be removed through tooth brushing and rinsing.

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