Steps to Take Off (Doff) PPE *During Additional Precautions*



Safely remove gloves

Use the proper technique of lifting inner cuff first.



Remove gown

Remove gown by breaking all the ties, while being careful not to perform a swift pulling action, as it may spread microbes. Reach up to your shoulders first, and remove the gown by rolling it into itself down and away from you.



Perform hand hygiene



4 Remove face shield

Carefully remove the face shield by grabbing the strap and pulling upwards and away from the head. Do not touch the front of the face shield.



Perform hand hygiene



6 Remove protective eyewear



Perform hand hygiene



8 Remove surgical mask or N95 Respirator



9 Perform hand hygiene

